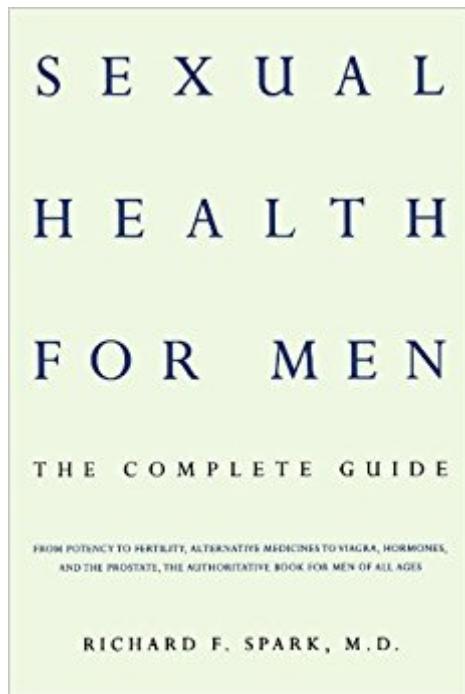


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# Sexual Health For Men



## **Synopsis**

Approximately thirty million American men suffer from impotence, and another five million are infertile. Sooner or later all men have symptoms from enlarged prostate glands and over three hundred thousand will be diagnosed with prostate cancer each year. Here in one volume, written by a leading expert in the field, are the essential facts and reliable advice to help a man understand, cope with, and resolve these issues and many others. Critically examining the recent scientific studies and advances, this wise and compassionate book includes information on: Alternative medicine for men The benefits, risks, and politics of Viagra, penile injections, and penile implants How nerve impulses, blood flow, hormones, and emotional factors can promote or inhibit normal male sexual response The prescription medications, chemicals, and surgery that can affect potency, ejaculation, and fertility

## **Book Information**

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## **Customer Reviews**

Ever since God got angry with David and took away his potency, male sexual function has been more clouded in mystery and myth than in science. But science has done an admirable job catching up, starting with the clever Belgian cleric who observed barnyard chickens in the mid-19th century and determined that the rooster's testicles were the key to his relentless sexual drive. We now know that about 30 million American men suffer erectile dysfunction; that about 40,000 men a year die of prostate cancer; and that men have three kinds of erections (sexual, frictional, and nocturnal). But there's still a bigger story to tell, and Dr. Richard Spark, a noted endocrinologist, leads us down

many paths. We learn about the effects of drugs and alcohol on sexual function, and the role of hormones in male sexual health (and what happens when those hormones are given a boost, usually in the form of an injectable substance purchased in a locker room from a guy with 20-inch biceps). Dr. Spark does an admirable job of lassoing all this information into a very useful guide, keeping it all in layman's terms, and organizing it in such a way that the information you need is easy to find and easy to understand once you find it. Size may not matter in sexual intercourse, but in the case of Sexual Health for Men, the magnitude of the volume definitely translates into value.

--Lou Schuler

"No subject is out of bounds for this informative new book...A great resource for men and the women who love them." -- Time Magazine, June 26, 2000"Spark delivers an encyclopedic guide to all things male...instructive, calming and frequently entertaining." -- Salon.com, June 6, 2000

clear information on the totality of issues facing men when considering their health. Allows much easier discussion with own doctor when visiting.

although i found it sometimes filled with too many charts and medical terminolog, this book provided me with info on a subject that i needed exact info about. therefore, it is an excellent reference book to hold onto

Richard F. Spark is nothing more then a "maintenance manual" for the man, teaching him how to keep his sexual health and not suffer from all the different sexual problems that occur in the world. Great book to read on vacation, but without detail or substance, for this I reckoned "Natural Penis Enlargement: New Methods of Avoiding and Curing Impotence, Premature Ejaculation, and Erectile Dysfunction Safely and Inexpensively. New ... No Pumps, No Pills and No Gadgets! Vol. 2" by Platinum Millennium, a book that I've read and found much more interesting and informative

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The Red Pill: Man-Woman Sex life (red pill,rational man,redpill,sex drugs,sexual health,sexuality,sexual medicine,medical help) Erectile Dysfunction: The Most Effective, Permanent Solution to Finally Overcoming Impotence and Sexual Dysfunction for Your Sexual Health (BONUS INCLUDED,Impotence, Premature Ejaculation) Erectile Dysfunction: The Most Effective, Permanent Solution to Finally Overcoming Impotence and Sexual Dysfunction for Your Sexual Health The Harvard Medical School Guide to Men's Health: Lessons from the Harvard Men's Health Studies (Well-Being Centre = Centre Du Mieux-Etre (Collection)) The Impotence Epidemic: Men's Medicine and Sexual Desire in Contemporary China (Critical Global Health: Evidence, Efficacy, Ethnography) Men's Private Parts: A Pocket Reference to Prostate, Urologic, and Sexual Health Sexual Health for Men Men's Sexual Health: Fitness for Satisfying Sex Kegel Exercises for Men: PC Muscle Exercises to Improve Sexual Health & Performance Sexy Erotic Photo Book Nudity Sexual Content: Adult Picture Book Nude Photography Nudity Sexual Content Adults Photo ebook Lesbian UNCENSORED (Erotic Photography) The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse, 3rd Edition The Art of Sexual Magic: Cultivating Sexual Energy to Transform Your Life The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse (Third Edition) Repercussions from Sexual Sins: The Sexual Revolution is wreaking havoc on the family, the Church, and the individualâ€”â€œs relationship with Jesus Christ. Extended Massive Orgasm: How you can give and receive intense sexual pleasure (Positively Sexual) Sex Guide: Mastering Your Sexuality and Becoming Good at Sex Every Time (Become Good at Sex, Sexual Improvement, Reach Sexual Pick, Last Longer) The Sexual Trauma Workbook for Teen Girls: A Guide to Recovery from Sexual Assault and Abuse (Instant Help Books for Teens)

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